



# SOUTHERN HIGHLANDS AMAZING RACE

**THRILL TEAM BUILDING & EVENT SPECIALISTS**

**T: 02 9630 2222**

**fax: 02 9871 3333**

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What's superb about an Amazing Race? THRILL Amazing Races will take your teams to experience the sights and delights unique to the Southern Highlands region from the Gibraltar Hotel, Links House, Peppers Manor House or Craigieburn.

Teams make their way to Checkpoints, from the heights of Mt Gibraltar, past the Bong Bong Races. Inspect Antiquities and taste award winning Patisseries. Cycle on Velodromes and taste superb cool climate wines at Centennial Winery, to the depths of Kangaroo Valley. All in an amazing race theme.

Complete Challenges to Receive your next Clue. Selecting DETOURS, YIELD teams strategically continue and re-uniting all teams at a ROADBLOCK! The next location and challenges are revealed only once the GOGO envelope is opened, keeping senses alert. "You are the 1st team to arrive at Amazing Race Checkpoint location". Its not just about speed! Accuracy, attention to detail, strategies, collaboration, tactics, consistency, team work and tenacity reveals true winners! It is superb fun, incorporating several team building programs into one exceptional format. Improve your teams collaborative skills, accumulating points to win your organisations engraved Southern Highlands Amazing Race Trophy.

Experience Southern Highlands best location as a team in an enjoyable and engaging team way. Including; Bowral, Don Bradman Cricket Museum, Tulip Gardens, Speciality Wineries, Mt Gibraltar, Cycling Velodrome, Sutton Forest, Shoalhaven River, Bong Bong Races, Antique Shops and many more unique locations.

Amazing Racers develop team work, navigate, problem solve and strategise, whilst having great fun together. Accomplish Amazing Race challenges, improving team awareness and dynamics. Yes of course its team-endous FUN!

## **PROCESS.**

Starting from your Southern Highlands conference venue. Teams receive a briefing by our professional Amazing Race host and coordinator (Phil Keoghan stand in).

Who will make this an amazing race with Southern Highlands Style.

- Allocating Amazing Race Teams (or select your own).
- Covering team building objectives in an Amazing Race theme.
- Providing essentials: Team coloured Bandanas, Navigation Systems, Satchels, Guidelines, and Emergency procedures.
- A Challenge-by-Choice philosophy is utilised for all activities. Each participating according to their ability within their capability.
- Teams rotate roles i.e. leader, negotiator, planner, implement, OHS at each Amazing Race checkpoint

## **READY?**

Teams receive a **BLUE 00-00** envelope, providing instructions to 1st location marked by flags and an Amazing Race mat with a THRILL host registering your arrival and presenting your team challenge.





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Once arrived, an **ORANGE CHALLENGE** envelope reveals the teams challenge:- sculpting, painting, cycling, building, serving, eating, entertaining, climbing, paddling, competing, driving, searching, wine making, wine tasting, singing, searching..... the content is customised to your requirements.

Teams navigate to find clues, letters, numbers, codes, resources and Amazing Race locations with team challenges. To develop and test Problem solving, planning, leadership, communication, negotiation and teamwork skills.

During THRILL Southern Highlands Amazing Races all teams will reconvene at **ROAD-BLOCKS!** Thereby providing interaction between your entire team.

**DETOURS** Teams choose between two challenges, each with its own pros and cons", decide on the best plan of action. Teams may encounter a **YIELD** in which a teams performance may delay another team for a set period of time.

**BUDGET \$** is provided (cash provided by THRILL) to get your team to the final location, budgeting and negotiating wisely. Amazing Race teams are shadowed and contacted via mobile & SMS text to keep secure and on track.

Once teams successfully complete a challenge the next **00-00** envelope is presented until their final the location **PITSTOP** is revealed i.e. Surprise, Bar, Café, Restaurant, Hotel or any Venue.

**FINALE** Where scores, incidents, debriefing, presentation of Amazing Race Trophy, prizes (amazingly lost), debrief, evaluation, speeches and rewards are provided with flair!

## SOUTHERN HIGHLANDS SAMPLE Team Building CHALLENGES Select or Mix n Match to make your Southern Highlands Experience into an Amazing one:-

**WINE STOMP CHALLENGE** – Teams clip grapes from the vine at a local winery- filling 1 tub, once tub is full teams must squash the juice from the grapes, filter and fill a 750ml wine bottle.

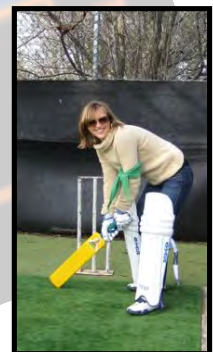
**CYCOLOBOBY (BONO BONO RACES) CHALLENGE** – Teams provided with bicycle, relaying all cycle able bodies round course 1 lap per person in the team. The transition area is vital, rotating helmets and adjusting seat height.

**ARCHIBALD CHALLENGE** – Teams must get to know each other better through creating a portrait of 2 other members of their team – reflecting their life story in the artistic creation.

**BAT N BOWL ENI CRICKET** – Southern Highlands is the home of Donald Bradman – Teams would face up against each other in a duel of bowling and batting against one another, points awarded based on best team performances.

**OO AHEAD! ABSILINO** – Mt Gibraltar Bowral - Southern Highlands Highest point magnificent views. Complete a safety briefing, harnesses and helmets fitted then jump off the cliffs. If ½ the team who does not wish to participate in this component can select to assist their team mates in the challenge.

**NAVIGATION CHALLENGE** – A series of navigational points are provided with a compass pointing the way. Navigate correctly to last position to reveal your next clue.





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**EATING CHALLENGE** – + ROADBLOCK – all teams reconvene. Teams navigate to selected lunch site – this can be a BBQ where we have various meats set out, or it can be any restaurant within 15 minutes of Craigieburn. We would have 1 speciality dish which must be consumed by all team members.

### Key Team Building Benefits:

- Fun, flowing team building
- Collaboration
- Improved Leadership
- Planning
- Camaraderie
- Communication
- Cooperation
- Project / Time Management
- Strategising / Prioritising
- Further developing inter-personal relationships

### Provided:

- All Southern Highlands Amazing Race equipment
- Professional Facilitator / Hosts & Coordinator
- Qualified, experienced instructional staff at activity locations
- Unique Southern Highlands, Bowral, Berrima & Kangaroo Valley activities
- Engraved Amazing Race Trophy & supplementary prizes.
- Wet weather plans
- **FREE Digital Photographic Offer valued at \$330\* - conditions apply.**

**DURATION:** A min of 2hrs, 3-4hrs optimal (includes briefing and prize giving).

**GROUP SIZE:** 8 – 200 (Customised content to suit location and budget).

**LOCATIONS:** THRILL Amazing Race events can start and finish anywhere, From any location to any destination.

**WEATHER:** This event can proceed in all weather conditions.

**COSTS:** According to content, dates and specific locations. Please call 02 9630 2222 or complete the Enquiry form below and email [info@THRILL.com.au](mailto:info@THRILL.com.au) or Fax: 02 9630 3436 for an accurate customised quote.

### References:

*"Thank you personally for the Chubb Amazing Race event. The feedback on the event was very positive, the learnings were discussed widely among our team after the event, and it certainly contributed to the overall camaraderie of the team. Thanks for your efforts, and those of your team in making it so special for us".* Regards, Simon Willshire Group HR Director **CHUBB Australasia**

*When you say 'team building event' to most staff they yawn and try to guess...."is it .....?" "do I have to fall back and hope to be caught by the other staff?". You guys offer new age events that appeal to masses.* Kylie Algie  
 Manager Human Resources – AOC

*"My quote of the ecareer Amazing Race would have to be "Leaping leopards, leaping leopards, leaping leopards!" My favourite part, very hard to chose. As I loved every single minute I could not actually pinpoint a time, every single challenge. Just SO MUCH FUN! I loved finding the destinations on the map, I loved being in our groups and I loved the challenges. I loved the competitive spirit of everyone.* Shannon McEwan - ECAREER



**PHONE (02) 9630 2222**  
**TO DEVELOP & SECURE YOUR NEXT**  
**SOUTHERN HIGHLANDS BOWRAL TEAM**  
**BUILDING PROGRAM**



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**Thankyou for your Teams Amazing Race enquiry.**

Please provide as many of the following details for a fast and accurate quote!

Contact Person: \_\_\_\_\_ Mobile: \_\_\_\_\_  
Company name: \_\_\_\_\_  
Department: \_\_\_\_\_  
Position in Role in company: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Address: \_\_\_\_\_  
Age range: \_\_\_\_\_  
Previous team building experience/s: \_\_\_\_\_  
Theme / Mission statement: \_\_\_\_\_  
Outcome / Purpose: \_\_\_\_\_  
Date/s required: (2 dates if possible please) \_\_\_\_\_

Background, Ability and peculiar or particular interests of the group: \_\_\_\_\_

Number of teams: \_\_\_\_\_. How many in a Team (we recommend 4 – 8 in a team): \_\_\_\_\_

Number of people participating: Minimum \_\_\_\_\_ - Maximum \_\_\_\_\_

Time **start**: \_\_\_\_\_ Time **finish**: \_\_\_\_\_

Preferred location: ie Can be from your Conference venue, Sydney or Canberra Offices, Café or Park.

Start Location: \_\_\_\_\_ Finish location: \_\_\_\_\_ (can be surprise).

Preferred mode/s of transport whilst completing a Southern Highlands Amazing Race (please circle).

Walking, Mini Buses, Taxis, Canoes, Own cars, Historic or Sports Car hire, Trains, Bikes, Kayaks, Tanks, Sky Diving  
other: \_\_\_\_\_

Southern Highland team challenge activities (please circle). Wine Tasting, Grape Squashing, Cycling On Velodrome, Don  
Bradman Batting/Cricket, Creative Art Works, Puzzles, Karaoke, Lollies, Raft Build, Abseiling, Canoeing/Kayaking

Degree of physical challenge (please circle). **1** Mild **3** Stimulating **5** Challenging:

Team Building seriousness factor – fun Fun FUN 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 Team Development (circle).

Catering Required (please describe): \_\_\_\_\_

Extra requirements (please circle):

ie Video / DVD / Photography package, Celebratory Drinks, Presentation, Southern Highlands Conferencing Packages,

Accommodation, Transport, Special needs or Other - Please provide details: \_\_\_\_\_

Please Email [info@THRILL.com.au](mailto:info@THRILL.com.au) or Fax: 02 9630 3436 with your completed team building details.

**FREE special event photography package\* Enquire for further details.**

**THRILL EVENTS TEAM WILL FORWARD YOUR  
SOUTHERN HIGHLANDS BOWRAL AMAZING RACE  
QUOTE SHORTLY!**