

## THRILL BEACH OLYMPICS / GAMES - IRON-PERSON TEAM FUN!

Set your teams targets on a series of excellent fun beach Olympics - Activities & team Games!

Within Sydney's Eastern - Bondi, Coogee & Bronte Beaches.

Northern - Manly, Newport, Mona Vale, Narrabeen

Central Coast Terrigal & Umina Beaches all along Australia's Magnificent Coast.



Soak up the fun Suitable for groups of all abilities and ages. Participants splash out running to be Champions!

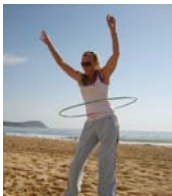
Enjoy a round robin of events, all teams complete or compete as cheers and laughter erupt. Head life Saver & Instructors encourage

teams, creating fun under Australian sun.



### - Enjoy a Salty Sample -

- Team Cheers** - Teams parade giving their best Cheer.
- Flag Races** - Curl sand beneath toes, sprint n dive - feel alive!
- Board Paddle Team** - Grab the board and cover the course!
- Sand Sculpturing** - Grab spade n bucket create a sand-sculpture .
- Flipping Fun** - Make a dolphin out of yourself! Run (if you can) wearing flippers!
- Thong Throw**- Yep! Fling ya' flip-flops further in a throw of gigantic laughs.



**Jaws Relay Race** - Teams are timed as they race. Run, jump or hop with large inflated sharks between legs, pass sharks to their team-mates without touching.

**Hawaiian Hula-Hoop Contest** - Toss Hula Quoits over markers. Hula-rious challenge rival teams in a hula contest.

**Life Raft** - teams build life rafts and rescue their teams.

**Croc Shuffle** - Teams line up passing inflatable sea creatures over heads n between legs.



As competition winds down, scores are tallied. Team perform final "Beach Team Cheer" (extra Bonus Points and tons of laughs). The Head Surf Life Saver rewards performances, announces winning teams awards presentation before "rescuing" all teams to the safety of the bar for celebrations and drinks!

More team activities:- Surfing, Beach Volleyball, Beach Commando Obstacle Course, Beach Comber Puzzle, Beach Cricket, Beach Treasure Hunts, Beach Survivor, Beach Quad Biking, Jet Boat thrills to the beach, Jet ski's. Every beach game or situation on the sand, we'll create your special team event.



Call: 02 9630 2222 now to book your beach team event!!!

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